



## East Longmeadow Recreation Department Players' Code of Ethics & Playtime Policy

I hereby pledge to be positive about my youth sports experiences and accept responsibility for my participation by following this Players' Code of Ethics pledge:

- I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice by demonstrating good sportsmanship.
- I deserve to have fun during my sports experience and will alert parents or coaches if it stops being fun.
- I deserve to play in an environment that is free from drugs, tobacco and alcohol and expect adults to refrain from their use at all youth sports events.
- I will encourage my parents to be involved with my team in some capacity because it is important to me.
- I will do my very best in school.
- I will remember that sports participation is an opportunity to learn and have fun.

### **Playing Time Policy:**

The factors used to determine playing time by a coach are dependent on the player's athleticism and their ability to execute the responsibilities of a given position in a given offensive or defensive scheme. All players have different skill sets and abilities and for that reason they will see more time on the field. **For any player to have any chance of reaching their playing time goals, they must also exhibit these traits:**

**Coachability:** Players who pay attention, listen, are respectful and follow instructions.

**Consistency:** Coaches look for athletes who they can depend on to show up at each game and practice and work hard. Your player needs to play their position and do their job to the best of their ability every time.

**Hard work:** In games and in practice, coaches love players who give their all. If your athlete is serious about improving and getting more time, they must be willing to go the extra mile. They will be competing for positions and play time.

**Attitude:** A bad attitude, negative talk, profanity, etc., from a player towards any coach, other players or officials will NOT be tolerated and will also be grounds for disciplinary action. Positive mindset and behaviors should help a player to lead by example.