Pine Knoll/XTAC Health & Emergency Contact Form

*Must be turned into the Recreation Office at 328 North Main Street, E.L., MA 01028

or emailed to pineknollcamp@eastlongmeadowma.gov (Pine Knoll) / xtac@eastlongmeadowma.gov (XTAC) prior to attendance*

CAMPER INFORMATION:				
First and Last Name				
Nickname(s)		Circle One:	Male	Female
Date of Birth		Age as of today _		
Address				
City _		School Attending in Fall		
State		Grade in Fall		
Zip		Home Phone		
PARENT/GUARDIAN INFORMAT	TION:			
Parent/Guardian 1 Name		Parent/Guardian 2 Name		
Parent/Guardian 1 Cell #		Parent/Guardian 2 Cell #		
Parent/Guardian 1 Work #		- Parent/Guardian 2 Work #		
Parent/Guardian 1 Address		Parent/Guardian 2 Address		
Parent/Guardian 1 Email		Parent/Guardian 2 Email		
EMERGENCY INFORMATION:		_		
Emergency Contact 1 Name		Emergency Contact 2 Name		
Emergency Contact 1 Cell #		Emergency Contact 2 Cell #		
Emergency Contact 1 Work #		Emergency Contact 2 Work #		
-				
Physician's Name				
Physician's Phone Number				
Preferred Hospital				
HEALTH HISTORY & AUTHORIZA	ATION FOR TREATMENT:	All questions must be answered.		
1. Has the camper required any	counseling or hospitalizatio	n? Yes (Explain below)	N	0
2. Has the camper had any oper	rations or serious injuries?	Yes (Explain below)	N	0
Does this camper				
3. Have any emotional, intellect	tual and/or physical limitatio	on? Yes (Explain below)	N	0
4. Have an Individualized Educ	ation Plan (IEP) that you'd sh	are? Yes (Explain below)	N	0
5. Have an activity encouraged	or limited by a physician?	Yes (Explain below)	N	0
6. Have dietary modification du	ue to medical or religious guid	delines? Yes (Explain below)	N	0
7. Use assistive devices such as	glasses, hearing aids, leg bra	ces, etc? Yes (Explain below)	N	0

8. Use an epi-pen for an allergy?	Yes (Explain below)	No
9. Other? Parent/Guardian concerns? Phobias? Allergies? Concerns?	Yes (Explain below)	No
IMMUNIZATIONS:		
I understand that a copy of my child's up to date immunization record	ls must be provided to the Recrea	tion Office at 328 North Main
Street prior to attendance. The immunization record must be provided	d for each attendee and must be o	n the child's primary care
physician's letterhead. If immunizations are not up to date, the Recre	ntion Department reserves the rig	ght to deny attendance.
Parent Signature	Date	
CONSENT TO TREATMENT:		
This health history is complete and correct to the best of my knowledge	ge and the CAMPER herein descri	bed has permission to engage
in all prescribed activities except as noted in writing. In the event that	t I cannot be reached, I hereby giv	re permission to the medical
personnel selected by the East Longmeadow Health Supervisor to tree	it or transport my child in a medi	cal emergency. This form
can be photocopied for trips off site and distributed to medical person	nel who are treating the CAMPER	R.
Parent Signature	Date	
MEDICINAL NEEDS		
Neither the staff at Pine Knoll, nor the Recreation Department office,	are permitted to administer non-	life saving medication to your
child. This includes, but is not limited to, over the counter items such o	ıs Tylenol, Benadryl and Ritalin. (Campers are not permitted
to carry these items. If your child requires such medication, a parent i	s required to administer it pre/p	ost camp or to come onsight to
the camp to provide it for their child. Only life-saving medication such	n as epi-pens or inhalers can be co	arried by campers. Life-saving
medications must have the campers name on them, preferably includ	ed on the prescription.	
Parent Signature	Date	
SUNSCREEN POLICY		
Parents/guardians should provide sunscreen for use during the camp	day. Sunscreen sent to camp sho	uld be placed in a sealed plastic
bag and labeled with the child's first and last name. During the camp	day, camp staff will take all reas	onable and appropriate steps
to help each child reapply sunscreen to exposed skin–including the fo	ice, the tops of ears, and bare sho	ulders, arms, legs, & feet– prior to
campers' participation in outdoor programs. If, for any reason, sunsc	reen cannot be applied to a camp	er, s/he may not be able to
participate in outdoor activities for his/her own protection. If parents	s/guardians have more than one	camper attending camp, we ask
each camper have their own supply of sunscreen so that it is readily o	accessible throughout the camp d	ay.
I give permission to carry and use sunscreen or insect repellent at can	np and to use it throughout the do	19.

ALL QUESTIONS PERTAIN TO PARTICIPANT(S)

Insurance Company:		Policy Number:				
Physician's Name:			Dentist's Name:			
Phone Number:			Phone Number:			
Heart Murmur: High Blood Pressure: Appendectomy: Disease or Injury to Joints: Stomach Trouble/Ulcers: Epilepsy: Gum or Tooth Trouble:	OYes OYes OYes OYes OYes OYes OYes OYes	⊙No⊙No⊙No⊙No⊙No⊙No⊙No⊙No	Diabetes: Ear, Nose, Throat Trouble: Eye Trouble/Glasses/Contacts: Chest Pain: Hernia Repair: Back Problems: Tuberculosis:	OYes OYes OYes OYes OYes OYes OYes OYes	NoNoNoNoNoNoNoNoNo	
Hay Fever, Asthma: Shortness of Breath: Dizziness, Fainting: Head Injury/Concussion:	OYes OYes OYes OYes	⊙No ⊙No ⊙No ⊙No	Rheumatic Fever: Bee Stings: Poison Ivy: Physical Restriction:	OYes OYes OYes OYes	⊙No ⊙No ⊙No ⊙No	
General Allergies: Medications/Other:			Choice of Hospital:			
	ny personal . In the even ent, I hereby ad, or pendi	injury or damage at that my child or y give my permiss ing the arrival of t	is incurred as a result or participation in a r I need emergency medical treatment or I sion for the rescue squad to be called, and the rescue squad, for emergency treatmer	program spo hospitalization for emergen nt to be prov	onsored by the on while at the ncy medical vided by the	
Signature:			Date:			